

Dacorum

Hertfordshire

NHS
Herts Valleys
Clinical Commissioning Group

Our Locality Priorities:

- Working in partnership with Dacorum Borough Council to deliver on joint priorities which include – community safety, Sports Activation Fund
- Concentrating on establishing the Dacorum Holistic Care team
- The implementation of the Dacorum Integrated health and social needs commissioning plan, linking with the Strategic Review
- Supporting the achievement of the Dementia diagnosis target
- Increasing Chlamydia testing for patients aged 16-24 years old attending for consultation for contraception and encouraging practices to promote more active lifestyles

Mental Health:

- In June we held a locality event on Mental Health and Learning Disabilities led by the HVCCG Mental Health, HVCCG Learning Disabilities, and the Dacorum Locality Mental Health, clinical leads.



Dacorum Health and Wellbeing Partnership Priorities:

- Increasing physical activity and promoting a healthy weight
- Improving mental health and emotional wellbeing

Some Key Partnership Initiatives:

Mental Health First Aiders

New campaign to run along Workplace options to support employees' emotional wellbeing. All senior management team have received training and a number of team leaders across the council. Trained mental health first aiders have regular meetings and internal communications are raising awareness.

Get, Set, Go Dacorum

£390,000 funding through the National Lottery and Sport England to use sport as a mechanism for dealing with six key priorities – Health Inequalities, Obesity, Child Poverty, Rural exclusion, Health Inequalities and access issues for ethnic minority groups and access issues for people with a disability. A variety of sessions and activities provided by all ages locally to improve general wellbeing.

For more information:

www.dacorum.gov.uk/wellbeing
www.getsetgodacorum.co.uk

Families Feeling Safe delivered by Heath Lane Children Centre

An 8 week programme which offers parents the ability to reframe their behaviour. This allows the whole family to change behaviours and thrive together.

Dementia Community Support Service delivered by Age UK Dacorum

Specialist dementia trained staff and volunteers offer a variety of practical and emotional services to dementia carers and families, through home visits, telephone and cognitive stimulation clubs; structured activities including therapeutic relaxation techniques, chair based exercises, recollection, reading, singing, music and movement, chatting and interactive games devised to stimulate the memory.

 @hwbherts

www.hertsdirect.org/hwb
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five ways
to wellbeing

Hertfordshire
Year of Mental Health

Health and Wellbeing
Hertfordshire