

# Health & Wellbeing Board

Hertfordshire

## Hertfordshire Health and Wellbeing Strategy Priorities

“With all partners working together we aim to reduce health inequalities and improve the health and wellbeing of the people of Hertfordshire.”

### Healthy Living

- Reducing harm caused by alcohol
- Reducing the harm from tobacco
- Increasing physical activity & promoting healthy weight

### Flourishing Communities

- Supporting carers to care
- Helping all families to thrive
- Improving emotional & mental health/ wellbeing

### Independent Lives

- Fulfilling lives for people with learning disabilities
- Living well with dementia
- Enhancing quality of life for older people and people with long term conditions
- Integrated working - jointly commissioned care services for older people

## Health and Wellbeing Board Hertfordshire

- Joined up working across all partners: the NHS, County, District and Borough Councils, Police and Crime Commissioner, Healthwatch, local organisations and local people
- Embedding priorities in policy and commissioning decisions
- Reviewing and evaluating progress
- Continued engagement to build on what works

### Health and social care integration:

- Deliver the right care and support at the right time and in the right place for individuals, their families and their carers
- Avoid duplication
- Make the most of our money
- Keep people independent wherever possible



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**five ways**  
to wellbeing

**Hertfordshire**  
Year of Mental Health

**Health and Wellbeing**  
Hertfordshire