

# St Albans

## Hertfordshire



### Locality Priorities for 2014/15

Increasing the number of smokers who quit, especially in expectant mothers and adult smoking.

Increase uptake of colon screening for bowel cancer.

Working in partnership on joint projects with the local council for their three task and finish areas, obesity, alcohol and mental health. We are particularly interested in looking at developing innovative approaches to facilitating weight loss in overweight diabetic patients, especially at the point of diagnosis.

### The Strategic Context

Working with our Practices, Providers and Stakeholders to ensure that as part of the West Hertfordshire Strategic Review, we commission services that meet the needs of our population.



**Results of our “Tartan Rug” profiles, these areas identified as amber against national benchmarking. St Albans and Harpenden does not have any red areas**

#### 1 Children and young people's health:

- Smoking in pregnancy
- Starting to breast feed
- Alcohol specific hospital stays

#### 2 Adult health and lifestyles:

- Adults smoking
- Increase in higher risk smoking
- Healthy eating adults

#### 3 Disease and poor health:

- Incident of malignant melanoma
- New cases of tuberculosis
- Hip fracture in 65s and over
- Excess winter deaths

#### 4 Life expectancy and cause of death:

- Life expectancy – female
- Infant deaths
- Smoking related deaths
- Early deaths: heart disease and stroke
- Early deaths: cancer
- Road injuries and death



### St Albans Health and Wellbeing Partnership Priorities:

Reducing health inequalities is an overarching priority for the Partnership.

- Increasing physical activity and promoting a healthy weight
- Improving mental health and emotional wellbeing
- Reducing the harm caused by alcohol

### Some Key Partnership Initiatives:

#### Youth Mental Health Programme

Following a large number of funding applications for young people's mental health projects, the Partnership pro-actively developed a new Youth Mental Health Programme. The programme will work with local charities and organisations to deliver targeted mental health projects for young people in our district.

#### Mental Health Awareness Week

The St Albans Health and Wellbeing Partnership ran a successful local campaign and a week of events targeting different audiences. This included information for commuters, market day shoppers and young adults. Information was also made available to the wider public at St Albans and Harpenden supermarkets.

#### Volunteer Work Placement Programme by Special Olympics

Enabling disabled young people to gain work experience placements.

#### Counselling Sessions by St Albans and Hertsmere Women's Refuge

Providing specialised counselling to women fleeing domestic abuse.

#### Young People's HIV Support Group by The Crescent

Developing a sustainable HIV peer support group for young people.