

# Watford & Three Rivers

Hertfordshire

NHS  
Herts Valleys  
Clinical Commissioning Group

## Our Locality Priorities for 2015-16:

- Whole system approach to reduce children's attendance and admission at A&E
- Improve access to health information for families
- Building resilience for families to manage minor illness
- Reducing admissions for identified conditions that can be treated closer to home
- Increase exercise and weight management referrals
- Improving access to help for alcohol related issues
- Improve availability of screening in primary care for TB and sexual health

## Mental Health:

- Working together as a locality to improve dementia diagnosis

## Results of Our Tartan Rug profiles showing areas identified as red against national benchmarking

1. Children in poverty 15.5% higher than county average
2. Obese children (Yr 6) 19.1% higher than county average
3. Hospital stays for alcohol related harm
4. Drug misuse
5. Diabetes
6. New cases of Tuberculosis - 17.7% higher than national average



WELWYN  
HATFIELD  
BOROUGH COUNCIL

## Watford and Three Rivers Health and Wellbeing Partnership Priorities

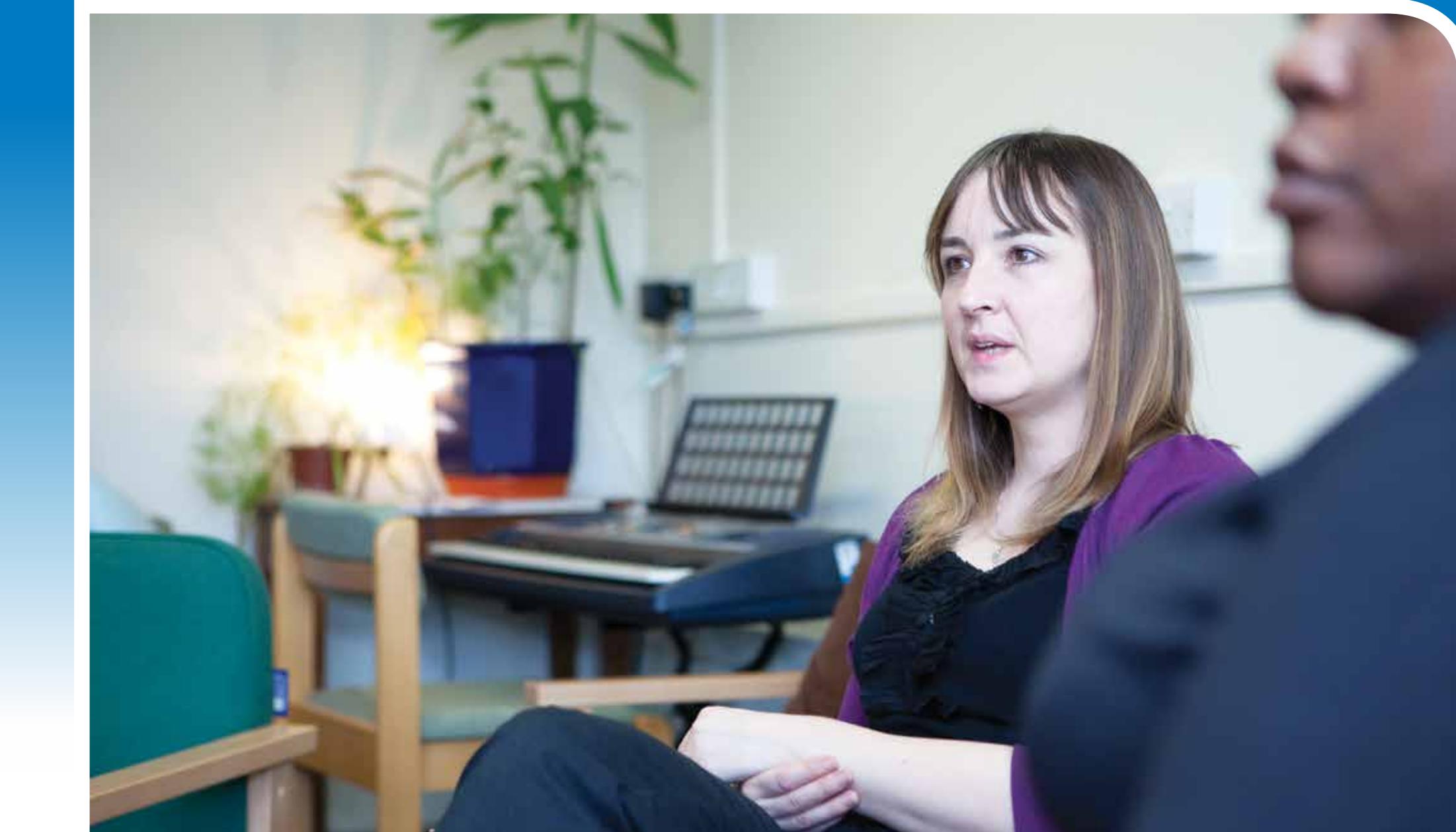
- Smoking
- Obesity
- Older People Fuel Poverty & Falls
- Drugs and Alcohol
- Mental Health
- Older People and Dementia

## Some Key Partnership Initiatives:

Three Rivers District Council will use some of their Public Health Funding for an 'Adults with Mental Health Programme' to target physical and social activities at adults with mental health problems via self-support groups facilitated by Herts MIND Network and Age UK, including working age adults, and older adults with dementia.

**ASCEND** and **Herts MIND Network** have been delivering the Step-Up Learning and Wellbeing Project in South Oxhey (our most deprived area) for over 4 years. This includes delivery of counselling, support group work and learning and training (including an allotment project) for people with mental health issues. ASCEND and MIND's services are complimented by the learning and training delivered by ASCEND and Drug & Alcohol support delivered by CRI Spectrum from the Centre.

Three Rivers District Council also support **SIGNPOST** who delivers Counselling to Young People in Rickmansworth. They are also working on a project to identify and support people who self-harm earlier. They have an ambition to take direct referrals from Watford General A&E who are admitted due to self-harm and offer them counselling as part of their hospital discharge plan.



@hwbherts

[www.hertsdirect.org/hwb](http://www.hertsdirect.org/hwb)  
hwb@hertfordshire.gov.uk

five ways to wellbeing

Hertfordshire  
Year of Mental Health

Health and Wellbeing  
Hertfordshire