

**Creative Hertfordshire's Art of Wellbeing Conference**  
**Thursday 15<sup>th</sup> October 2015, Fielder Centre, Hatfield**  
**Delegate Programme**

[www.creativehertfordshire.com/the-art-of-wellbeing](http://www.creativehertfordshire.com/the-art-of-wellbeing)

#ArtWellbeingHerts

<b>Time</b>	<b>Programme</b>	<b>Speaker</b>
<b>9.30</b>	Registration and refreshments	
<b>10.00</b>	Chair's welcome	Jo Askham, 1Life and Chair of the Art of Wellbeing Conference Programming Team
<b>10.10</b>	Welcome	Cllr Teresa Heritage, Executive Member: Public Health, Localism & Libraries
<b>10.15</b>	What are the Health and Wellbeing Challenges we face in Hertfordshire?	Jim McManus, Director of Public Health
<b>10.25</b>	Hertfordshire's cultural landscape	Emily Gray, Chief Executive & Artistic Director, Trestle Theatre Company
<b>10.35</b>	Art, Health and Wellbeing: recent developments in research	Professor Norma Daykin, Professor Emerita, Arts in Health, Faculty of Health and Life Sciences, UWE, Bristol
<b>11.00</b>	Refreshment break	
<b>11.20</b>	Creative Ageing Programmes: bringing the arts and care sectors together	Alice Thwaite, Director, Equal Arts
<b>11.45</b>	PechaKucha: Hertfordshire Year of Mental Health	Lynn Saville, Hertfordshire Year of Mental Health Project Manager
<b>11.55</b>	PechaKucha: Arts for Change - A School Arts Partnership	Kirsten Hutton, Head of Participation, Watford Palace Theatre
<b>12.05</b>	Plenary	
<b>12.30</b>	Lunch & networking	
<b>1.30</b>	Chair's welcome	
<b>1.35</b>	What is wellbeing and why is it important?	Lucy Bailey, How to Thrive
<b>2.00</b>	Workshops	
<b>3.00</b>	PechaKucha: Hertfordshire's Joint Strategic Needs Assessment (JSNA)	Mark Jordan, JSNA Manager, Hertfordshire County Council
<b>3.10</b>	PechaKucha: 'To heal sometimes; to relieve often; to comfort always.' The St Audry's Project and its legacy at the Museum of East Anglian Life	Lisa Harris, Collections and Interpretation Manager, Museum of East Anglian Life
<b>3.20</b>	Conference summing up	
<b>3.45</b>	Future steps	Ruth Horne, Network Co-Ordinator, HertsHelp (POhWER) James Dickinson, Head of Hertfordshire Music Service
<b>4.00</b>	Closing remarks and conference ends	