

## Dance Pathways in Hertfordshire

### Entry Level Access to Dance (under 5s | 5 – 11 years)

(Introduction to dance and dance for recreation including local dance schools, community dance provision, informal dance education settings):

#### **Dance In School:**

- Hertfordshire Primary and SEN Schools - learning through the curriculum – physical education programmes of study: key stages 1 and 2
- Hertfordshire Primary and SEN Schools - Out of hours dance clubs

#### **Beyond School:**

- Private dance school (dance awarding organisations, e.g. BBO, ISTD, RAD, NATD) offering ballet, tap, modern, street dance, ballroom etc. | Listings on [www.creativehertfordshire.com](http://www.creativehertfordshire.com) (Go to Creative Directory and select 'Dance' in the 'Organise by Discipline' dropdown menu)
- Creative dance for toddlers | e.g. Active Creative <http://www.active-creative.com/>
- One-off dance workshops and projects – check with your local library, museums, theatres. Also register for the Creative Hertfordshire newsletters for notifications on opportunities to take part and see dance.
- Professional companies outreach programmes | Listings on <http://londondance.com/directory/dance-companies/>
- Dance performances | Try Watford Palace Theatre <https://watfordpalacetheatre.co.uk/whats-on/>
- UH Arts <http://www.herts.ac.uk/about-us/arts-and-galleries/whats-on/theatre> and Trestle Arts Base <http://www.trestle.org.uk/whats-on/>



### Progression Routes in Dance (12 – 14 years | 15 – 19 years)

(Learning through the curriculum, performance platforms. Skills development in dance including courses at FE colleges, vocational training, Centres for Advanced Training)

#### **Dance In School and/or College:**

- Hertfordshire Secondary and SEN Schools and Colleges- learning through the curriculum – GCSE Dance, AS & A level Dance, BTEC level 2 & 3. Arts Awards. | North Herts College <http://www.nhc.ac.uk/programmes/creative-and-performing-arts/> | West Herts College <https://www.westherts.ac.uk/courses/performing-arts/>
- Hertfordshire Secondary and SEN Schools - out of hours dance clubs

#### **Beyond School – skills development:**

- One Dance UK U. Dance Regional and National performance platforms | <http://www.onedanceuk.org/programme/u-dance/>
- One Dance UK Young Creatives – a national young choreographers course <http://www.onedanceuk.org/programme/children-young-people/young-creatives/>
- Pro-Action Herts – accredited dance leadership courses (Level 1) | <https://www.pro-actionherts.org/courses/yp>
- Hertfordshire County Youth Dance Company – contemporary performance group | email [carrie.washington@hertsmusicservice.org.uk](mailto:carrie.washington@hertsmusicservice.org.uk)
- Inclusive Dance Activity ActOne ArtsBase - traineeship programme which offers work experience in facilitating creative dance sessions and leading exercises, as well as opportunities to choreograph and perform. [www.artsbase.org.uk](http://www.artsbase.org.uk)
- Hertfordshire CAT Satellite linked to The Place, London – an introductory course prior to auditioning for Centres for Advanced Training (pre-vocational training) | <https://www.hothousedance.co.uk/hertfordshire-cat-scheme-satellite>
- Private dance school (dance awarding organisations, e.g. BBO, ISTD, RAD, NATD) offering ballet, tap, modern, street dance, ballroom etc. | Listings on [www.creativehertfordshire.com](http://www.creativehertfordshire.com) (Go to Creative Directory and select 'Dance' in the 'Organise by Discipline' dropdown menu)
- Ballet Associate courses including Royal Ballet School – a course designed to run alongside regular training for talented dancers | in Hertfordshire Tring Park <http://www.tringpark.com/associated-courses/tring-park-associates>



#### **Specialised Dance Education and Training – vocational and more intensive dance specific training:**

- Vocational Ballet training in Hertfordshire with DfE funds through the Music and Dance Scheme (MDS) - Tring Park School for the Performing Arts | [www.tringpark.com](http://www.tringpark.com)
- Other dance schools with MDS places Elmhurst School for Dance, The Hammond School, Chester and the Royal Ballet School). Advice for **vocational training** (intensive high level training preparing for a professional dance career) accredited professional schools and colleges contact The Council for Dance Education and Training: <http://www.cdet.org.uk/vocational-training>
- Nine Centres for Advanced Training (CAT) - Provide a prevocational, bespoke, high quality, specialist dance training to enhance young people's educational opportunities. For supplementary dance training alongside Secondary education and other regular dance training | [www.nationaldancecats.co.uk](http://www.nationaldancecats.co.uk)
- National Youth Dance Company – bringing together some the best contemporary dance talent from across England | <http://www.sadlerswells.com/national-youth-dance-company/>
- National Youth Ballet – a youth company involving talented young ballet dancers from all over England | <http://nationalyouthballet.org>



### Advanced Training (Adults)

(Progression routes including HE bachelor's degrees, Conservatoires, CDET approved training and apprenticeships):

- HND in Dance at West Herts College | <https://www.westherts.ac.uk/courses/>
- Finding and applying for university dance courses | [www.ucas.com](http://www.ucas.com)
- **Conservatoire training** - a publicly-funded higher education institution which offers world-class education and training in dance, drama and circus arts. The eight schools of the Conservatoire train artists who will match the world's best and on entering their professions shape the future of their art form | <https://www.ucas.com/ucas/conservatoires/getting-started/conservatoire-experience> and Conservatoire for Dance and Drama [www.cdd.ac.uk](http://www.cdd.ac.uk)
- Creative and Cultural Skills - Information and support for employment in creative industries including apprenticeships | [www.ccskills.org.uk](http://www.ccskills.org.uk)



### Dance Services for Professionals (Adults)

(Further training and support for professional artists and teachers including vocational and postgraduate qualifications):

- County Dance Teachers' Association (CDTA) - training, networking and support for teachers in Primary, Secondary and SEN School settings, plus a biennial schools dance festival | Email [carrie.washington@hertsmusicservice.org.uk](mailto:carrie.washington@hertsmusicservice.org.uk)
- Masters in Dance Psychology at University of Hertfordshire - <http://www.herts.ac.uk/research/hhsri/research-areas-hhsri/psychology/psychology-of-movement/clcir>
- Other Masters Dance degrees | Search of courses <http://www.postgraduatesearch.com/masters/dance/uk/study/postgraduate-browse.htm>
- PGCE Dance for teaching Secondary education – University of Brighton, Exeter University, Chichester University, Royal Academy of Dance, QTS through SCITT
- National Dance Teachers Association – a national support and training organisation for teachers of dance | [www.ndta.org.uk](http://www.ndta.org.uk)
- People Dancing: The foundation for community dance is a professional organisation for anyone involved in creating opportunities for people to experience and participate in dance | <http://www.communitydance.org.uk>
- Diploma in Dance Teaching and Learning (Children and Young People) | [www.trinitycollege.co.uk](http://www.trinitycollege.co.uk)
- One Dance UK – the national body for dance in UK | [www.onedanceuk.org](http://www.onedanceuk.org) (Formed by the merger of Association of Dance of the African Diaspora (ADAD), Dance UK, National Dance Teachers Association (NDTA) and Youth Dance England. The organisation represents dancers at all levels of the dance industry, and champions excellence in education, youth dance, dance of the African diaspora, performance, health and well-being, management, leadership and career development.

### Dance for Fun (Adults)

(Introduction to dance for recreation and health and well-being including local dance schools and community dance provision):

- Private dance school and community organisations offering ballet, tap, modern, street dance, ballroom, lindy hop, folk dance etc. | Listings on [www.creativehertfordshire.com](http://www.creativehertfordshire.com) (Go to Creative Directory and select 'Dance' in the 'Organise by Discipline' dropdown menu)
- One-off dance workshops and projects – check with your local library, museums, theatres. Also register for the Creative Hertfordshire newsletters for notifications on opportunities to take part and see dance.
- Saracens Love to Dance (50+ years dance) | <http://www.lovetodance.org.uk>
- Get Set Go Dacorum: Let's Dance (50+ years dance) | <https://toth.dacorum.gov.uk/dance>
- Dance for Parkinson's | <http://www.herts.ac.uk/about-us/events/2015/september/dance-for-parkinsons>
- New Connections (50+ years dance) at Watford Museum | [www.watfordmuseum.org.uk/activities](http://www.watfordmuseum.org.uk/activities)
- Dance performances | Try Watford Palace Theatre <http://watfordpalacetheatre.co.uk/whats-on/?cat=dance> UH Arts <http://www.herts.ac.uk/about-us/arts-and-galleries/whats-on/theatre> and Trestle Arts Base <http://www.trestle.org.uk/whats-on/>