

# DAY 12

## HIDDEN HISTORIES

### CONTACT

Today's challenge is set by a young artist at Contact, a theatre and arts venue in Manchester that place young people at the decision-making heart of everything. For the last 7 weeks they've commissioned young artists to invite people to 'Take Notice,' and spend a little bit of time each day creatively taking notice of what we're living through, and reflecting on how you are feeling. This challenge is set by a young artist at Contact called Adam Ali.

#### Do

Take notice of the hidden histories and heroes around you. Who are the people around you who you think should be celebrated - for what they are doing now, or for something they did in the past? Choose someone from your community, your family or from history...and then celebrate them! Tell their story to someone else you know, write them a poem, draw their picture or throw them a (virtual) party.

#### If you have more time...

What are you proud of yourself for? Find a way to take notice of and celebrate your achievements today. Cheers to you!

#### Think

How did this challenge make you feel? What impact might your celebrations have on the person or people you're celebrating? If you celebrated a historical figure, how have you helped to celebrate their legacy?

#### Share

Share your work in a way that suits you - online, or offline.

Search #CreateToConnect to see what others are up to.



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#### Resources

How would you like to celebrate your chosen person? You might like to use materials to make a poster, or the ingredients to make a cake...! The choice is yours.