

# DAY 2

## MUNDANE MEMOIRS

IT'S NOT  
YOUR  
BIRTHDAY  
BUT...

Today's Challenge is set by It's Not Your Birthday But..., champions of the lost art of letter writing, who connect people through letters, words and visual arts. They work in community settings such as schools, prisons, care homes, hospices and hospitals to encourage people to explore their own creativity, challenge assumptions that may be made about them and to share what's important or helpful to them.

### Do

Capture your lockdown experience in your own Mundane Memoir. Find a piece of paper that is approximately 10cm by 10cm and draw or write something that reflects a task or activity you've undertaken during lockdown. These small squares of moments, tasks and activities created by thousands of people will come together to create a lockdown landscape. You might want to draw, colour, paint, sew, write or collage.

Share your Mundane Memoir with us, so we can piece them together to create a mass artwork. Take a photo of your paper and share with us online or by email, or post your work to us at: [INYBB, The Old Bank House, 26 Station Approach, Hinchley Wood, Surrey KT10 0SR](#)

### If you have more time...

What's the first thing you'll do once lockdown is lifted? Could you repeat the exercise to capture the things you are looking forward to doing?

### Think

The small things come together to form the big picture! What have you been reflecting on, or had time to notice in the lockdown period?

### Share

Share your work in a way that suits you - online, or offline.

Search #CreateToConnect to see what others are up to.



@itsnotyourbirthdaybut  
@INYBB\_  
[www.itsnotyourbirthdaybut.com](http://www.itsnotyourbirthdaybut.com)

### Resources

A piece of paper or card that's approximately 10 by 10cm, and something to create with - a pen, pencil, collage materials, paint...

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### Examples to inspire today's challenge...

As part of their Lost Letters project with Surrey History Centre, they're inviting you to reflect on a task or activity that has helped you get through lockdown. The examples below are reading, eating and doing puzzles! Looking at their archives, we can take comfort from how our ancestors made it through difficult times. We can see how the mundane provides comfort and routine when there is fear and uncertainty around us. The example here is a letter from a mother to a son at war in Europe in February 1941. She shares her experience of trying to get food for herself and her friend Phyllis from Sainsbury's. "Some food is very short, like oranges & lemons & eggs & cheese, 2oz per head at Sainsburys but do we mind, NO, not if we can possibly win through."

Phyllis is still away at the castle. I is quite well but very short of food so I gave her as much to take back as I can spare & get & some food is very short, like Oranges & lemons & eggs & cheese 2oz per head at Sainsbury's but do we mind NO not if we can possibly win through. Phyllis &

