



DAY 28

WHATEVER THE WEATHER

UNLIMITED...

Today's challenge comes from artist and curator Aidan Moesby, who explores climate change and mental health using installations and performance.

"I like to use metaphors in my work, particularly things around the natural world and especially the weather. Think about how you are feeling and try and express it in metaphor."

Do

Can you represent the way that you are feeling today using a metaphor? Like Aidan, you might be inspired by the natural world - what is your internal weather forecast? Are you calm or stormy? Are you feeling like snow, ice, wind, clouds or rainbows? Or, are you a tall strong flower, a mountain or a meadow? Capture your metaphor using any medium you like - drawing, painting, photography, poetry, collage - whatever you want to play with today.



If you have more time...

Can you keep a 'weather diary' this week? You may try to express your mood in different metaphors or using different materials.

Think

How could you squeeze more details in - are you feeling a light breeze on a summer day or fierce gales?

Share

Share your work in a way that suits you - online, or offline.

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@aidanmoesby



@textartist



www.aidanmoesby.co.uk

Resources

For today's challenge - this is totally up to you?!

What do you fancy capturing your weather forecast with? Pencils, pens, words, craft materials, collage...?,