



BEEE Creative CIC

Connecting People to Opportunities

QUOTE FROM PARTICIPANT

“The workshop had a huge emotional impact, allowing me to journey to and talk about my experience of bi-polar using dance. It's vital in these harsh times wider society appreciate, confront and understand the estrangement and isolation that poor mental health causes ”

Improvising Generations

- Intergenerational dance and music project
- Running January 2019 to March 2021
- Target group: all ages but emphasis on 65+ year olds and young people with and without disabilities
- Monthly workshops at Trestle Arts Base
- One-off week-long projects in outdoor spaces across Hertfordshire
- Films created presenting participants' work
- Aims to tackle loneliness
- Independent researcher measuring impact
- Funded by Building Connections Fund (The National Lottery Community Fund and Her Majesty's Government)
- Managed by BEEE Creative CIC www.beee-creative.co.uk































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