



Sharing Stories for Wellbeing is a storytelling programme created by Miranda Quinney and piloted in 2010 at Peace Hospice Care, Watford.

What do we do?

We run train the trainer workshops to provide clinicians and healthcare professionals with the skills to run biographical story sharing workshops in their palliative care environment.

Aims:

Our goal was to enable each hospice in the UK to have access to a trained biographical workshop facilitator .

Progress/ evaluation:

- In 2015, working in partnership with Hospice UK, we made the training available nationwide. 110 palliative care practitioners representing 31 hospices have been trained to date.
- The work was evaluated by the University of Northampton and shared at the Hospice UK national Conference.
- In 2015/6. Our work has been presented to 350+ health care practitioners in UK , Budapest , Singapore. We have written articles, contributed to an academic text and participated in a lot of conferences!
- 2017 - in January Miranda chaired the NCPC's London conference launching Dying Matters Week. In June we will share our work at the International Storytelling for Health Conference and also at the Culture Health and Wellbeing International Conference

Top tips :

Find partners to collaborate with
Ask for help, people like to help!

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